

# 3 BASIC TYPES OF LIGHTING

Proper lighting can have a significant impact on how you feel in a space, and each space may call for a variety of different lighting requirements. A good lighting setup combines different kinds of lighting to create a welcoming space where you can easily work or relax. There are three basic types of lighting you should layer in a room in order to accomplish this:

Ambient lighting Accent lighting Task lighting

Let's take a better look at these different types:

#### **Ambient Lighting**

General or ambient lighting is intended to light up a room in its entirety, to provide a uniform level of illumination throughout the space, independently of other lighting sources. The ambient light 'bounces' off the walls to illuminate as much space as possible.

#### Types of fixtures that can provide general ambient lighting:

- Chandelier
- Ceiling mounted fixture
- Wall-mounted fixture
- Recessed fixture and/or LED downlights
- Track light
- Floor lamp
- Table lamp

#### **Task Lighting**

Task lighting sheds light on the tasks a person carries out in a given space such as reading, cooking, computer work, for which a brighter light is required in a smaller focal point of the room.

For a more pleasant lighting, it is often best to avoid harsh lights or lighting that casts troublesome shadows. It is also practical to install a single switch for focal lighting, independent from the room's overall lighting switch.

## Types of fixtures that can provide task lighting:

- Directional gimbal recessed fixture or downlight
- Pendant light
- Slim line bar and undercabinet
- Portable or desk lamp

#### **Accent Lighting**

Accent lighting is used mainly to focus on a specific point of interest or to achieve a desired effect. This type of lighting gives the impression of a larger room; it is more frequently used to highlight an architectural feature, a plant (in outdoor layout), artwork, a sculpture, or a collection of objects.

### Types of fixtures that can provide accent lighting:

- Track light
- Slim line bar and undercabinet
- Directional recessed fixture or downlight
- Wall-mounted fixtures

We often start designing our lighting plan with ambient lighting and then go on to identifying the areas where there will be a need for accent lighting. Our design coordinators are happy to help with designing your lighting plan for your new home.